Office Memorandum • UNITED STATES GOVERNMENT

TO : Security Officer, CIA

A/B, 2, 22/9

FROM : Deputy Security Officer, CIA

DATE: 3 December 1952

SUBJECT: Use and Training to Resist Polygraph and Truth Serum by [redacted] and [redacted] Services.

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[redacted]

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4. I do not think that a detailed briefing of our personnel on how to beat the polygraph is necessary at this time, inasmuch as it is not established that unfriendly [redacted] are using the polygraph to any degree. It should be borne in mind that a polygraph examination is of no value unless the subject himself willingly cooperates and participates in the interview. The polygraph cannot successfully be used in cases of duress. As part of the ARTICHOKE program, we should consider the issuance of a notice to this general effect, but it probably is premature as enemy or unfriendly services are not extensively using the polygraph to our knowledge.

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5. As an outgrowth of the ARTICHOKE meeting, we should get some advice to our personnel as to how to act when under interrogation by [redacted], on the basis of what is known about their various tactics. There is, however, little that can be done in that any individual will most likely break down under prolonged pressure by [redacted] interrogation techniques.

A

[redacted]

[redacted]

[redacted]